



RRITC contest winners 2015

How far can \$5,000 take a grassroots community organization?

Four of the six winners of the 2015 *CN Railroaders in the Community* contest will happily tell you. Each won \$5,000 for the charities they volunteer with, on top of the grant CN already provided to the organizations in recognition of the employees' valuable volunteer work.

Dishing out school snacks to boost children's health

FIONA VEENING, OPTIONAL SERVICES AGENT – INTERMODAL BRAMPTON, ON

Fiona Veening knows that empty bellies don't encourage student success. She volunteers at her daughters' school in Markham, ON, preparing snacks provided by the York Region's Food for Learning initiative.

"When our school got the news that we won CN's contest, they were thrilled," says Fiona, a second-generation

railroader who joined CN in 1997. Each week, Fiona washes snack bins and fills them with fruit, vegetables, cheese and yogurt. Rising food costs have made fundraising more challenging.

"I've been active with the school for six years, and it's been overwhelming to have CN's support. It makes me very proud as an employee."

by Wendy Helfenbaum



"THE MILLIKEN MILLS PUBLIC SCHOOL IS A DESIGNATED PERFORMANCE PLUS SCHOOL, MEANING THAT OUR COMMUNITY REQUIRES ADDITIONAL FINANCIAL SUPPORT FOR PROGRAMS FOR OUR STUDENTS. PARENTS LIKE FIONA ARE INVALUABLE TO US, SUPPORTING EACH STUDENT NOT ONLY IN THEIR ACADEMIC ACHIEVEMENT BUT IN THEIR WELL-BEING. WE ARE LUCKY TO HAVE HER."

NANDY PALMER
SCHOOL PRINCIPAL

"IT GIVES THE ENTIRE BOARD GREAT PRIDE THAT DEMARCO IS A PART OF OUR PROGRAM, AND HAS MADE A COMMITMENT TO SERVE THE KIDS ASSOCIATED WITH IT. HE HAS PROVIDED A GREAT NUMBER OF HOURS WORKING WITH THE KIDS."

GLENN HAMPTON,
PRESIDENT, ROBINS CALPARK FOOTBALL ASSOCIATION



Teaching teamwork on and off the football field

DEMARCO HUMPHREY, CONDUCTOR, CHICAGO, IL

When Demarco Humphrey became the 'Team Dad' for his son D'Armond's football team last year, he took the job very seriously.

"A lot of my players don't have fathers, so I want to show them how to work as a team to get things accomplished – like what we do at CN," says Demarco, who joined CN in 1993.

Volunteering 50 hours for the Robins Calpark Football League, Demarco assists the coach, helps with equipment, and drives players to practices and games, often stopping for pizza.

Winning \$5,000 means children who cannot afford registration fees will be able to play, and new equipment can be purchased for the whole league.



Helping youth and seniors while staying active and involved

ERIC HUSSEY, RETIREE, MONCTON, NB

As **Eric Hussey** neared retirement, he began devoting himself to his community. Since joining the Lion's Club in 1999, Eric has volunteered 50 hours each month, serving on many committees and chairing fundraising efforts for food banks, hospitals and youth organizations.

"Volunteering keeps me busy, young and active, and the reward comes from helping others," says Eric, who retired in 2002 as an Engineering Field Maintainer after 30 years of service.

Eric has received several awards, including the Queen's Jubilee Medal and The City of Moncton Volunteer Citizen of the Year Award.

"Winning this contest is very exciting, and I'm thrilled that CN recognizes the very valuable work that we're doing," says Eric.

CN's grant will go to the Montreal Shriners Hospital for Children and the Portage Atlantic rehabilitation centre for recovering substance abusers, and will be used to fund high school scholarships as well.

**"ERIC HAS BEEN
INVALUABLE TO US.
WHILE SERVING ON MANY
COMMITTEES, HE ALWAYS
GIVES 100 PER CENT
AND GETS THINGS
DONE RIGHT."**

**VAUGHN BRACE,
PRESIDENT, MONCTON
LIONS CLUB**

"EVERETT IS INVOLVED AND VERY INTERESTED IN ASSISTING HIS COMMUNITY BY VOLUNTEERING HIS TIME. WE'RE GRATEFUL FOR THIS DONATION, WHICH WILL HELP PURCHASE EQUIPMENT FOR LIVE FIRE SUPPRESSION TRAINING AND SIMULATION PROPS."

RICK LALONDE,
FIRE CHIEF, VALEMOUNT
VOLUNTEER FIRE
DEPARTMENT



On-call for a tight-knit community

EVERETT CRAIG, FOREMAN – ENGINEERING, VALEMOUNT, BC

Growing up watching his father volunteer for the Valemount Volunteer Fire Department, **Everett Craig** couldn't wait to turn 18 and get involved.

"Coming from a small town of 800 people, everyone knows each other, so helping out feels natural," says Everett, who joined CN in 2011.

Everett spends 100 hours each year on-call or training. Winning \$5,000 means

his fire department can pay for tools and equipment used in advanced training.

"In order for firefighters to enter a burning building and do fire suppression from the inside, you have to have live burn training," he explains. "Without this facility, the department would spend thousands sending everyone out of town to train. It's very heartwarming that CN gives to charities that their employees care about."

by Wendy Helfenbaum

Railroaders
in the community

